

## Medications that Have Special Times to be Given



### ***Sinemet (Carbidopa/Levodopa)***

Give when best for resident's ADL's. Suggest ask resident/family when they took prior to admission. Give during waking hours; last dose with dinner (may need to give with food to prevent n/v). Usually not needed at bedtime

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### ***Fosamax (Alendronate)***

Give with at least EIGHT ounces of plain water; first thing in morning and at least 30 minutes before first food, beverage, or any other medication. Stay upright for at least 30 min and until after first food

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### ***Diuretics (furosemide, HCTZ)***

Give in the morning; if BID, give close to 8am and 2pm - to avoid nocturia

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### ***Lidoderm Patch***

This patch is for DAILY use, on for a maximum of 12 hours/day; off 12 hours. Orders should be entered as an application administration and a removal administration, NOT listed as "BID".

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### ***Eliquis (Apixaban), Pradaxa (Dabigatran)***

Try to separate at least 8 hours apart (am and hs)

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### ***Tylenol(APAP)***

separate doses > 4 hours and suggest standing and prn does not go over 3 Gm

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### ***TID/QID meds***

Space out over WAKING hours; In general, ideally give 6 hours apart. ESP ANTIBIOTICS

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### ***Midodrine***

Suggest first dose be given 30-60 minutes before arising and then at 3 to 4 hourly intervals throughout the day. It is suggested to hold dose if the resident will be lying down for any length of time. The last dose should NOT be taken within 4 hours before going to bed due to the potential to cause supine HYPERTension.