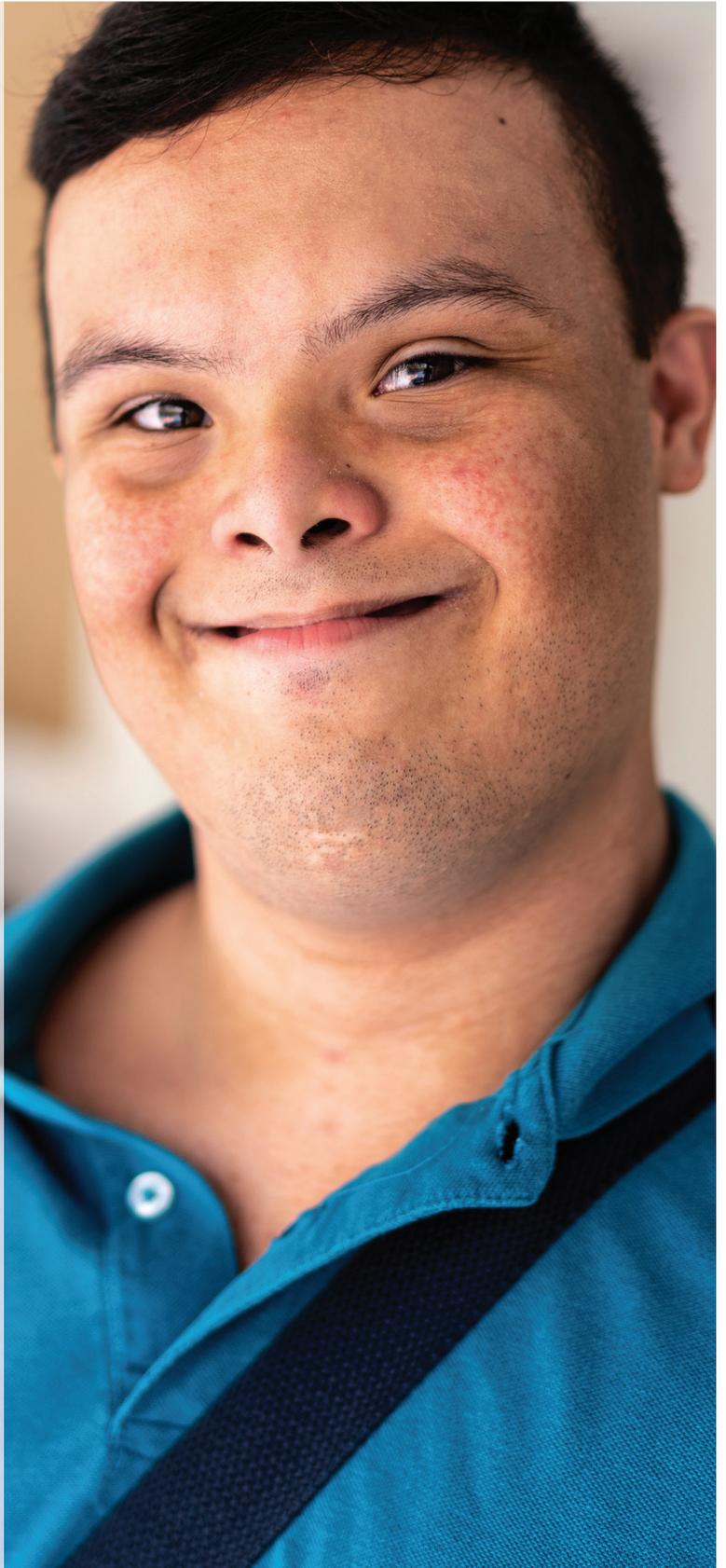


**EGUIDE**

**4 Workforce  
Challenges  
and How to  
Address Them**



## EGUIDE

# 4 Workforce Challenges and How to Address Them

### Table of **CONTENTS**

- 2 **What You'll Learn**
- 3 **Top Workforce Challenges**
- 4 **Potential Solutions**

## What You'll Learn

The I/DD industry and the needs for behavioral care and services are growing. And like many other healthcare sectors, the pandemic exacerbated already existing staffing shortages. As if that wasn't challenging enough, group homes and other providers have found themselves competing with the retail and food services industries luring workers with better wages and benefits.

With industry-wide turnover at more than 40% and higher in some states and not enough applicants to fill these openings, it is imperative to examine the 'whys' of this dilemma and focus on viable creative solutions. Some of the answers may be surprising. For instance, it's clear that burnout is taking a terrible toll on the healthcare workforce. However, I/DD workers are leaving their jobs for other reasons, including unrealistic job expectations. This is a reminder that it's important to think carefully about how we present jobs, tasks, and responsibilities to workers and not oversell opportunities. At the same time, there must be a growing emphasis on extensive onboarding that involves leadership and skills development to maximize workers' ability to be successful.

By learning about the top issues contributing to staffing challenges in I/DD and the possible solutions, you can start a constructive dialogue and out-of-the-box thinking on how to attract the best and the brightest, even when competition is stiff.

## 4 Workforce Challenges and How to Address Them

Back in 2018, a survey of I/DD organizations asked about their workforce challenges. Three years and one pandemic later, these same issues still impact providers and call for attention in 2022.

### > Unrealistic job expectations

People often come to jobs in I/DD with a lack of understanding of this patient population and/or what is required to provide quality care. When there is stiff competition for employees, it may be tempting to focus on the positives and brush over the negatives.

However, to boost retention and engagement, as well as the quality of care, it behooves I/DD organizations to detail the expectations and challenges of the job for prospects and new hires.

Then it is essential to focus on providing the education and training needed for these individuals to be effective and successful and take pride in their accomplishments.



In one national survey last year, 55% of front-line health care workers reported burnout; and 62% of all respondents said the pandemic had a negative impact on their mental health.

## > Burnout

The pandemic has significantly contributed to burnout. However, as it winds down, don't expect this problem to go away. There are many other contributors to stress, including workloads/staffing shortages, lack of autonomy or training, overburden of administrative tasks, and toxic work cultures.

There's no one-size-fits-all answer, but it may help to make sure workers know about Employee Assistance Programs and other mental health benefits available to them, encourage exercise and physical activities, and promote work-life balance.

At the same time, workers in one recent survey linked burnout to their work schedules, and 87% said they want more control over them such as working when and where they'll have the greatest impact or choosing the hours of the day they work so you may want to solicit feedback on this topic to further eliminate stress.



## > Wages and benefits

It's increasingly challenging to compete with other industries for workers when they're raising minimum wages to \$18 or \$20 per hour. Nonetheless, it's important to note that many workers have chosen healthcare careers because they are passionate about their work and love those they care for.

New research suggests that raising the frontline workers' wages 15% would have a significant positive impact, including a more stable and engaged workforce and greater financial security for staffers. While most everyone agrees that raises wages in I/DD would help attract and retain workers, the problem is that no one seems to know where that money will come from. However, as part of a short-term solution, many states used CARES Act funding to implement temporary wage increases.

## > Ineffective supervision

Promoting from within can encourage retention and engagement and attract workers who are interested in advancing their careers. However, elevating employees to management positions requires adequate training and education; managers who lack skills and knowledge to be team leaders can create frustration, stress, and morale depletion, even when they are committed to their work.

If you're considering internal advancement, skills assessments can help identify gaps that need then be sure to fill them through training, certification, online learning, and other initiatives.

## Potential Solutions

Of course, you don't have face these challenges alone, and there are some potential solutions out there. For instance, the Build Back Better Act includes a proposal that would provide grants to invest in direct caregivers, and there have been discussions about Medicare reimbursement rates at the state level and a focus on addressing this issue with CMS as well.

In the meantime, consider creative ways to engage staff, such as inviting frontline workers to be mentors or coaches to new employees, including them in care planning meetings, creating career ladders, and celebrating their contributions to organizational successes and milestones. Culture matters too, so check-in on how teams interact and how leadership works to make staff feel valued, respected, and listened to.

Pharmacy Alternatives has the most expertise in the I/DD market and has been meeting the needs of individuals and agencies for over 30 years. We share your commitment to making a difference every day with closed-door pharmacy services for specialized populations delivered locally in all 50 states. Learn how our services and hands-on support can help you empower those you support to live life to the fullest.