

# 8 STEPS To Successful Antibiotic Stewardship

## According to the CDC ...



**2.8 Million+**

Antimicrobial resistant infections occur each year in the US



**35,000+**

Deaths are caused by Antimicrobial resistant infections



**40%**

of deaths are among adults aged 65+

## Antibiotic resistance happens when:

Antibiotics are given but are not necessary

The wrong antibiotic (one that the bacteria is not sensitive to) is used

An antibiotic is administered in the wrong dose or duration

## To prevent antibiotic resistance and the issues it can cause, effective antibiotic stewardship is essential.

Starting an antibiotic stewardship program, or revising an existing one, takes planning, thought, and teamwork. Following these steps can help ensure your program is effective.

- 1** Select a committee.
- 2** Identify your facility's needs by assessing your current approach to antibiotic delivery.
- 3** Prioritize the need you identified.
- 4** Start with one issue and one action.
- 5** Write your policy and procedure.
- 6** Create any necessary forms to initiate and track the action.
- 7** Determine how and when you'll report your findings.
- 8** Educate your staff.



**Complete these steps for each issue/action. As you continue to implement them, you and your staff should feel more comfortable with the process and start to see positive results.**