

Timing of Antibiotics

Spread out over waking hours. Watch timing – Give at least 6 hours apart, but
avoid having to wake resident up if possible

Augmentin (amoxicillin/clavulanate)

Causes GI distress – Take with am and pm meal if BID

Fluoroquinolones

Ciprofloxacin, levofloxacin, moxifloxacin – do not give with Calcium/
Iron/Magnesium -separate > 2 - 4 hours

Doxycycline

If GI upset, give with meals. Give with at least 8 ounces (240 mL) of water and
have patient sit up for at least 30 minutes after taking to reduce the risk of
esophageal irritation and ulceration.

Calcium/Iron/Magnesium separate > 2 - 4 hours

Probiotics

It is recommended that oral antibiotics be separated from the administration
of most probiotics to maximize the probiotic effectiveness. Consider
administering the probiotic 2 hours before or 2 hours after the administration
of an oral antibiotic.