

Age-Friendly Care in Post-Acute and Long-Term Care Settings: Leveraging the Pharmacists as Part of the Interdisciplinary Team



Tuesday, May 27th, 2025 at 1:00 pm ET

Pharmacists are one of the most accessible healthcare practitioners, and as the medication experts on the healthcare team, they are perfectly positioned to help older adults gain the most benefit from Age-Friendly care. Leveraging Pharmacists as Age-Friendly 4Ms Champions brings together a common vision to improve the care of older adults. This initiative incorporates the expertise of pharmacies and pharmacists who specialize in the care of older adults into the Age-Friendly Health Systems movement and the 4Ms Framework (What Matters, Medication, Mentation, and Mobility). Funded by The John A. Hartford Foundation, the program will educate and foster pharmacy champions in the 4Ms through medication optimization in nursing homes, assisted living communities, geriatrics primary care practices, and other community settings.

Learning Objectives:

1. Describe what Age-Friendly Care is and the 4M's
2. Define the opportunities for pharmacists and long-term care pharmacies to provide Age-Friendly Care
3. Identify strategies that encourage adoption and implementation of the principles of Age-Friendly care in post-acute and long-term care settings
4. Overcome barriers to implementing the 4Ms in post-acute and long-term care settings

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<https://learn.pharmerica.com/age-friendly-care>



This program has been approved for 1 participant hour of nursing continuing education, as well as by NAB/NCERS for nursing home administrators and by NABP for pharmacists.

PRESENTED BY



Nicole J. Brandt, PharmD, MBA, BCGP, FASCP
Executive Director, Peter Lamy Center on Drug Therapy and Aging, University of Maryland School of Pharmacy

As a professor and executive director of the Peter Lamy Center on Drug Therapy and Aging at the University of Maryland School of Pharmacy, Brandt has expanded available geriatric training opportunities, including the geriatrics/palliative care pathway, ASHP-accredited geriatrics residency, and two-year post-PharmD fellowship. She was named the 2019 recipient of the American Geriatrics Society's (AGS) Dennis W.

Jahnigen Memorial Award for her leadership in geriatrics education. She is currently leading initiatives to integrate sustainable pharmacist-directed services to help older adults with multiple co-morbidities at the MedStar Center for Successful Aging. She was a Fulbright Program Specialist from 2023 – 2024 with the University of Helsinki School of Pharmacy to work on Age-Friendly Care initiatives.



T.J. Griffin, RPh, FASCP
Chief Clinical Officer, PharMerica

T.J. is a seasoned healthcare executive with 30 years in long-term care and retail pharmacy management. In his current role, he helps deliver on the PharMerica promise of Care, Commitment and Collaboration by maintaining the highest quality standards in the industry through innovative pharmacy operations and clinical excellence. During his nearly 20 years at PharMerica, T.J. has held several positions that have helped shape the company's Community Focus, National Expertise. T.J. is also very active with the American Society of Consultant Pharmacists, serving as co-Chair of their DEA Task Force, and has a passion for governmental affairs as an advocate for our seniors and clients. Prior to PharMerica, T.J. worked for 12 years in various management capacities with Eckerd Drug Stores in Florida. He has a Bachelor of Science degree in pharmacy from the University of Iowa.